



## Finding a way to work ...

### young people with intellectual disabilities learning in work

#### What is this about?

My name is Abigail. I want to find out about what happens when young people find a way to work that suits them. I'm looking for young people to work with me on this project.



I am looking for people who have found a way to work and are doing it with the help of a personal assistant or buddy. The work may be paid or not.

I want to find out about learning when you are working at something that you really want to do.

#### Why am I doing this?

Most people spend a lot of time at work. But it can be very hard to get a good job when you have a learning disability - something that suits you and that you really want to do.

And if you don't work, you might get bored and feel left out. I want to find out if more people could find themselves a way to work by following their interests and supporting their work with a personal assistant.

#### Who do I want to work with?

I want to talk to young people who have found a way to work at something they enjoy, with a buddy or personal assistant to help them.

#### What do I want you to do?

I would like you to talk to me about what you do.

I want to video you at work. We can watch the video together and talk about what is happening in it.

I will ask what it's like to work and what you learn when you are working.

### **What will happen if I decide to join in?**

First you need to know what the plan is.

1. I will ask you about work and what you want me to video.
2. I will visit you a few times and video you as you work.



3. I will give you the video to watch at home and think about. You can ask me to delete anything you are not happy with.



4. We will meet and watch the video together. I will ask you to point out which bits you think are important. We will choose which bits to keep.

5. We will meet to watch and talk about the video clips. I will need to understand what's happening. I might ask something like 'What did you think when that happened?'
6. I will video the meeting, so that I can see the bit of video we are talking about.

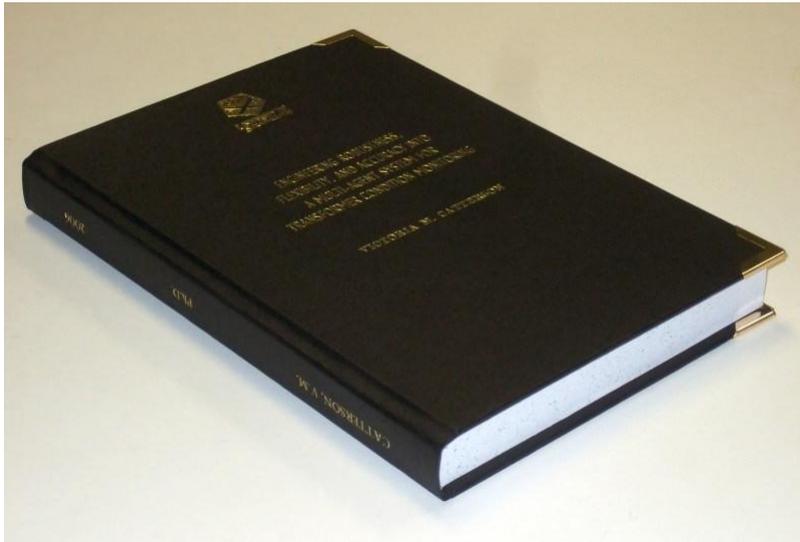


7. I will show the chosen video clips to your PA or buddy and ask them what they think about your work and what you learn.
8. I will show the video clips to someone else at your workplace and ask them what they think about your work and what you learn.
9. I will think about what everyone said. I will write a short report putting together everyone's ideas.



10. I will show you what I wrote and ask what you to tell me what you think about it.

11. I will then write a long report and a new short one for you to keep.



### **What will happen when the research is finished?**

People will be interested to know what we found out about working and learning in this way.

I may talk at meetings and write papers about the project. When I talk about your work, I will not use your real name. If you agree, I may show video of you at work.

The film I have taken will be kept safely at the University of Southampton for 10 years after the end of the project.

### **Are there any risks involved?**

I do not think that taking part in this research will be unsafe for you in any way. You can stop taking part at any time if you wish.

If you are worried about something to do with this research, please tell me. I will do my best to answer your questions.

If you are still unhappy, you can ask someone you trust to contact the University (University of Southampton Research Integrity and Governance Manager, 023 8059 5058, [rgoinfo@soton.ac.uk](mailto:rgoinfo@soton.ac.uk)).

**Thank you for reading this!**

